

who?

colin yellow					
ava blue					
jayden green					
chloe red					
madison purple					
julian orange					

how?

talking					
listening					
assertiveness					
breathing					
relaxing					
self-talk					

where?

class					
cafeteria					
park					
home					
bus					
store					
friend's house					

Free printable template of this: [playtherapysupply.com/instructions](http://playtherapysupply.com/instructions)

who?

colin yellow					
ava blue					
jayden green					
chloe red					
madison purple					
julian orange					

how?

talking					
listening					
assertiveness					
breathing					
relaxing					
self-talk					

where?

class					
cafeteria					
park					
home					
bus					
store					
friend's house					

Free printable template of this: [playtherapysupply.com/instructions](http://playtherapysupply.com/instructions)

who?

colin yellow					
ava blue					
jayden green					
chloe red					
madison purple					
julian orange					

how?

talking					
listening					
assertiveness					
breathing					
relaxing					
self-talk					

where?

class					
cafeteria					
park					
home					
bus					
store					
friend's house					

Free printable template of this: [playtherapysupply.com/instructions](http://playtherapysupply.com/instructions)

who?

colin yellow					
ava blue					
jayden green					
chloe red					
madison purple					
julian orange					

how?

talking					
listening					
assertiveness					
breathing					
relaxing					
self-talk					

where?

class					
cafeteria					
park					
home					
bus					
store					
friend's house					

Free printable template of this: [playtherapysupply.com/instructions](http://playtherapysupply.com/instructions)