

SUPERHERO STRENGTHS - ADDITIONAL TIPS

1. Print the downloadable worksheets to use after game play to continue the superhero theme.
2. Make available superhero costumes and accessories. Put some on before the game if the child wants to.
3. Let the child pick which character he or she wants to collect.
4. If you've already played this game with a child, you may wish to have that child collect a different character. Do this by only taking the character cards that weren't collected last game and distributing them.
5. Answer as if you are a "typical" child and let the player know that is how you will be answering. This keeps therapist disclosure to a minimum and helps the child recognize he/she is not alone in their feelings.
6. If you're comfortable, answer as yourself and let the child know this too! Your modeling of all feelings and situations will let the child know all feelings are valid and you can model healthy coping skills too.
7. Offer to read the cards to any of the players before beginning. This will keep the players from feeling like they are being pressured to read.

ALTERNATE GAME PLAYS

1. Collect 5 of the same character cards instead of 4 to extend the gameplay.
2. In a hurry? Collect 3 of the same character cards.
3. If you have a shy child or one resistant to talking, skip answering the card if the card doesn't match. Have the child only answer the cards he/she is collecting.
4. Choose any 4 of each character cards for a total of 24 cards. Shuffle them and put them face down in a grid pattern. Play it like memory, by matching the characters. Player answers one or both questions when he makes a match.
5. Switch up the discards! If you draw a character card that you are NOT collecting but another player is, you must answer the question and give that card to the player who is collecting it.
6. Get moving! Every time a player draws a character card for the character they are collecting, have the player stand up to read the card or have the card read to them.